



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan

School Name & Location Number:	Kinloch Park Elementary-2781
Principal:	Trellany Parrish-Gay
Phone Number:	305-445-1351
School Wellness/Healthy School Team Leader:	Trellany Parrish-Gay
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Trellany Parrish-Gay, Principal Techie Guzman, Assistant Principal Mr. Gutierrez, PE Coach Ms. Acosta, Food Service Manager Nicklaus Children’s Hospital Partnership Ms. Paz, Community Involvement Specialist Ms. Chacin, Teacher Allison Sosa, 3rd Grade Student
Committee Meeting Dates:	January 2024- EESAC, January 2024- Faculty meeting
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p>Nutrition: Promote the schools free breakfast and good eating habits, especially as testing approaches.</p> <p>Physical Education: Fitnessgram Testing</p> <p>Physical Activity: Teacher/Student Conferences occur throughout the assessment period of the Fitness Gram. Teacher devises individual Fitness goals.</p> <p>Health and Nutrition Literacy: Bring awareness to nutrition and health through the Physical Education classes.</p>

	Preventive Healthcare: Wellway Wellness Program. Staff morale initiatives to include a few more teachers/employees in school wellness activities.
Sustainability Practices:	Extra Fruits are maintained in a select area for students as desired.
Community Engagement:	Increase business partnerships in the local area.
Monitoring and Evaluation:	Committee meeting sign-in sheets Food Inventory.
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	Quarterly Family Health and Literacy workshops. FFEA: Promote Health and nutrition through Literacy activities.