



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
2024-2025

School Name & Location Number:	Kinloch Park Elementary-2781
Principal:	Trellany Parrish-Gay
Phone Number:	305-445-1351
School Wellness/Healthy School Team Leader:	Trellany Parrish-Gay
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Trellany Parrish-Gay, Principal Techie Guzman, Assistant Principal Mr. Gutierrez, PE Coach Ms. Acosta, Food Service Manager Nicklaus Children’s Hospital Partnership Ms. Paz, Community Involvement Specialist Mr. Zabala, Teacher
Committee Meeting Dates:	January 2025- EESAC, January 2025- Faculty meeting
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p>Nutrition: Promote the schools free breakfast and good eating habits, especially as testing approaches.</p> <p>Physical Education: Fitnessgram Testing</p> <p>Physical Activity: Teacher/Student Conferences occur throughout the assessment period of the Fitness Gram. Teacher devises individual Fitness goals.</p> <p>Health and Nutrition Literacy: Bring awareness to nutrition and health through the Physical Education classes.</p>

	Preventive Healthcare: Wellway Wellness Program. Staff morale initiatives to include a few more teachers/employees in school wellness activities.
Sustainability Practices:	Extra Fruits are maintained in a select area for students as desired.
Community Engagement:	Increase business partnerships in the local area.
Monitoring and Evaluation:	Committee meeting sign-in sheets Food Inventory.
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	Quarterly Family Health and Literacy workshops. FFEA: Promote Health and nutrition through Literacy activities. Field Day activities.